



## Recovery Leadership Initiative (RLI) Training Courses Summer 2019

The Recovery Leadership Initiative is a collaborative program based around empowerment and connection. We work with individuals from all walks of life to create a life full of independence, community, and value. We do this through **peer coaching, service opportunities, social activities, and educational trainings.**

The trainings focus on different recovery related topics over a twelve-week period and they serve to educate Utah's recovery community. The trainings focus on SAMSHA's four domains of wellness: **health, home, community, and purpose.** We have a leader in the recovery community stand as the trainer each week.



**PURPOSE**



**HOME**



**HEALTH**



**COMMUNITY**

### All Pathways to Recovery

6:00 PM–8:00 PM Tuesday, June 4<sup>th</sup>

11:00 AM–1:00 PM Saturday, June 8<sup>th</sup>

### Success in Recovery

6:00 PM–8:00 PM Tuesday, June 11<sup>th</sup>

11:00 AM–1:00 PM Saturday, June 15<sup>th</sup>

### Creativity & Connection

6:00 PM–8:00 PM Tuesday, June 18<sup>th</sup>

11:00 AM–1:00 PM Saturday, June 22<sup>nd</sup>

### Parenting & Co-Parenting

6:00 PM–8:00 PM Tuesday, June 25<sup>th</sup>

11:00 AM–1:00 PM Saturday, June 29<sup>th</sup>

### Career Pathways

6:00 PM–8:00 PM Tuesday, July 2<sup>nd</sup>

11:00 AM–1:00 PM Saturday, July 6<sup>th</sup>

### Achieving Goals & Overcoming Barriers

6:00 PM–8:00 PM Tuesday, July 9<sup>th</sup>

11:00 AM–1:00 PM Saturday, July 13<sup>th</sup>

### Sexual Health

6:00 PM – 8:00 PM Tuesday, July 16<sup>th</sup>

11:00 AM–1:00 PM Saturday, July 20<sup>th</sup>

### Effects of Drugs

6:00 PM – 8:00 PM Tuesday, July 23<sup>rd</sup>

11:00 AM–1:00 PM Saturday, July 27<sup>th</sup>

### Self-Care

6:00 PM – 8:00 PM Tuesday, July 30<sup>th</sup>

11:00 AM–1:00 PM Saturday, August 3<sup>rd</sup>

### Connection & Recovery

6:00 PM – 8:00 PM Tuesday, August 6<sup>th</sup>

11:00 AM – 1:00 PM Saturday, August 10<sup>th</sup>

### Personal Message Training

6:00 PM – 8:00 PM Tuesday, August 13<sup>th</sup>

11:00 AM – 1:00 PM Saturday, August 17<sup>th</sup>

### Advocacy & Service

6:00 PM – 8:00 PM Tuesday, August 20<sup>th</sup>

11:00 AM – 1:00 PM Saturday, August 24<sup>th</sup>

Following the twelve-week period, we have four weeks of service projects at the same time the RLI Trainings would normally take place. Service Projects are an amazing way to provide individuals with a sense of meaning and purpose while giving back to the community. To find out what service projects we will be hosting check out our Facebook group USARA Leaders in Recovery for all the details or call us at the number below.

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