



Recovery Leadership Initiative (RLI) Training Courses Fall 2018

The Recovery Leadership Initiative is a collaborative program based around empowerment and connection. We work with individuals from all walks of life to create a life full of independence, community, and value. We do this through **peer coaching, service opportunities, social activities, and educational trainings.**

The trainings focus on different recovery related topics over a twelve-week period and they serve to educate Utah's recovery community. The trainings focus on SAMSHA's four domains of wellness: **health, home, community, and purpose.** We have a leader in the recovery community stand as the trainer each week.



PURPOSE

All Pathways to Recovery

6:00 PM – 8:00 PM Tuesday, October 2 11:00 AM – 1:00 PM Saturday, October 6

Creativity & Connection

6:00 PM – 8:00 PM Tuesday, October 9 11:00 AM – 1:00 PM Saturday, October 13

Success in Recovery

6:00 PM – 8:00 PM Tuesday, October 16 11:00 AM – 1:00 PM Saturday, October 20



HEALTH

Sexual Health

6:00 PM – 8:00 PM Tuesday, October 23 11:00 AM – 1:00 PM Saturday, October 27

Effects of Drugs

6:00 PM – 8:00 PM Tuesday, October 30 11:00 AM – 1:00 PM Saturday, November 3

Self-Care

6:00 PM – 8:00 PM Tuesday, November 6 11:00 AM – 1:00 PM Saturday, November 10



HOME

Parenting & Co-parenting

6:00 PM – 8:00 PM Tuesday, November 13 11:00 AM – 1:00 PM Saturday, November 17

Career Pathways

6:00 PM – 8:00 PM Tuesday, November 20 **Saturday, November 24 – NO CLASS**

Achieving Goals & Overcoming Barriers

6:00 PM – 8:00 PM Tuesday, November 27 11:00 AM – 1:00 PM Saturday, December 1



COMMUNITY

Connection & Recovery

6:00 PM – 8:00 PM Tuesday, December 4 11:00 AM – 1:00 PM Saturday, December 8

Personal Message Training

6:00 PM – 8:00 PM Tuesday, December 11 11:00 AM – 1:00 PM Saturday, December 15

Advocacy & Service

6:00 PM – 8:00 PM Tuesday, December 18 11:00 AM – 1:00 PM Saturday, December 22

Following the twelve-week period, we have four weeks of service projects. These projects provide the opportunity for members of the community to fulfill legal obligations through community service hours, as well as provide meaning and purpose to the lives of individuals and give back to society in a healthy way.